

Kaikoura Trail Trip Notes

Take a journey starting amidst North Canterbury's Waipara Wine growing region to Hanmer Springs, along the stunning Kaikoura coastline, and culminating in the heart of NZ's wine industry, Marlborough.



Tour Highlights

- + Enjoy 165km of cycling featuring country landscapes, wild coastlines and vineyards
- + Cycle alongside vineyards at Waipara, the Awatere Valley & Marlborough
- + Relax in Hanmer Springs Thermal Hot Pools
- + Journey alongside the Pacific Ocean on the stunning Kaikoura Coast
- + Explore the arty seaside village of Kaikoura post-quake
- + Partake in wine tasting at premier Marlborough wineries
- + Learn about sustainable wine making at Yealands Estate
- + Visit Winterhome Garden at Kekerengu on the Kaikoura Coast

Tour Details

- + 6 days
- + Grade 1
- + 165km cycling [82% sealed roads; 18% gravel roads/trails]
- + Starts in Christchurch/Ends in Christchurch or Blenheim

Tour Cost

Tour Price: \$2,150

Deposit: \$400

What's included?

- + 5 nights twinshare (en-suite) accommodation
- + 5 evening meals; 5 lunches; 5 continental breakfasts
- + Fruit, snacks & morning teas on the trail
- + tour guide & vehicle support while biking
- + cycle repair support
- + all transport from/to Christchurch
- + winery tour
- + Goods & Services Tax of 15%

Not included:

- + wine; beer; espresso coffees
- + lunch on day 6
- + bike hire (standard \$190; e-bike \$450)
- + entry into Hanmer Springs thermal hot pools (from \$16)
- + entry into Omaka Aviation Heritage Centre (from \$25)
- + wine tasting fees where applicable
- + single accommodation (\$450)
- + optional activities at Kaikoura (from \$120)



Departure Dates

Refer to our website for current departure dates and tour availability

Grade 1



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Itinerary

Day 1 Christchurch – Hanmer Springs

The tour gets underway as we head north to the Waipara grape growing region. Here we commence our first ride (14km) which takes you on a tour of the Waipara countryside and vineyards, before enjoying lunch at a cellar door. After lunch we travel a short distance to our next ride, through the lovely Scargill Valley, dotted with some of the farms original homesteads (22km). At the conclusion of the days cycling we head to the alpine resort town of Hanmer Springs and our accommodation. Enjoy a soak in the thermal hot pools, before our evening meal. **Meals (L/D) | Cycle Distance: 36km**

Day 2 Hanmer Springs – Kaikoura

We head out of the Hanmer Basin on a short drive to our cycle ride, which follows the Waiau River flats to the township of Waiau (26km). After exploring the village and enjoying a picnic lunch, we head towards the rugged Kaikoura Coast and cycle on a quiet rural road that takes us alongside the wild Pacific Coast (17km). We transfer a short distance to Kaikoura and our seaside accommodation for the next two nights. Enjoy a meal featuring fresh local seafood, straight from the fishing boats. **Meals (B/L/D) | Cycle Distance: 43km**

Day 3 Kaikoura

This morning enjoy a stunning 23km ride around the Kaikoura Bay to the tip of the Kaikoura Peninsula. You can then enjoy a walk over the spectacular Kaikoura Peninsula to South Bay. Enjoy a picnic lunch with stunning views of the sea and the mountains. The remainder of the day is set aside for you to take up any optional whale watching activities, or sea kayaking etc. See further details in the notes below. **Meals (B/L/D) | Cycle Distance: 23km**

Day 4 Kaikoura - Blenheim

We travel along the stunning Kaikoura Coast, where the land changes following the November 2016 earthquakes are amazing to see as we head north. At the settlement of Kekerengu, visit to Winterhome, a stunning garden of national significance which you can take your time exploring. We lunch in the seaside cafe before. Continuing north our ride begins at Lake Grassmere. Ride 11.5km through extensive grape plantations to Yealand's Estate Winery. Yealand's is a world leader in sustainable wine production and as well as tasting the wines there is an opportunity to tour the spectacular Seaview vineyard. From here it is a short drive over to Blenheim and our accommodation for the next two evenings. **Meals (B/L/D) | Cycle Distance: 11.5km**

Day 5 Blenheim

Today is your opportunity to taste the award winning wines of Marlborough. From our base in Blenheim, cycle along the scenic rural roads that dissect the sea of vineyards on the Wairau Plains. We stop off at numerous wineries where you are welcome to taste the local wines or simply relax in the serene grounds. Stop at as many or as little as you'd like throughout the day. We meet up for lunch at Allan Scott winery, with further tasting opportunities at the famed Cloudy Bay Winery or Moa Brewery. We terminate the ride here and transfer to the Omaka Aviation Heritage Centre where there is the option to view the impressive *Knights of the Sky* exhibition, featuring Sir Peter Jackson's own collection of WW1 aircraft and artefacts. **Meals (B/L/D) | Cycle Distance: 37.5km**

Day 6 Blenheim - Christchurch

This morning we enjoy another 13.5km ride amongst the grape vines on a river terrace above the Awatere River. We then head south back along the Kaikoura Coast, cycling or walking parts of the stunning coastline as development allows. After a refreshment stop at Kaikoura we return to Christchurch, arriving in the city by 5pm. Alternatively you can finish your journey in Blenheim after breakfast. **Meals (B) | Cycle Distance: 13.5km**

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Trip Notes Index

Accommodation in Christchurch	3
Accommodation on the tour	4
Bike hire	4
Bringing your own bike	5
Booking Conditions & Cancellation & Refunds policy	5
Car Storage	6
Cash facilities	6
Contact details while on the tour	6
Degree of difficulty & What to expect	6
Departure time and place	6
Final Payment	6
Finishing your tour	7
Finishing your tour in Blenheim	7
Guide	7
Health & fitness	7
Insurance	7
Kaikoura activities	7
Laundry facilities	8
Luggage	8
Meals & Special Dietary Requirements	8
Medical conditions	8
Phone reception/Wifi	8
Tour Information and Safety Declaration Form	8
Weather conditions	9
What to bring checklist	9

Accommodation in Christchurch

If you need accommodation before and/or after your tour we recommend the following places. We provide **courtesy transfers from any of these locations** before/after your trip:

Airport Precinct:

[Airport Palms Motel](#)

56 Roydvale Avenue | Phone: 0800 200 529 | www.airportpalmsmotelchch.co.nz

Motel complex with a range of room options and free airport transfers. Breakfast available. Close proximity to the airport.



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Airport Gateway Motel

45 Roydvale Avenue | Phone: 0800 242 8392 | www.airportgateway.co.nz

Motel complex with a range of room options and free airport transfers. It also has an on-site café/restaurant & bar for convenient dining. Close proximity to the airport.

Copthorne Hotel Commodore Christchurch Airport

449 Memorial Avenue | Phone: 0508 226 663 | www.commodore.net.nz

Hotel complex in close proximity to Christchurch airport. Free 24 hour courtesy shuttle. Free bike's available to explore the local area.

Sudima Hotel

550 Memorial Avenue | Phone: 03 358 3139 | www.sudimahotels.com/christchurch

Closest hotel to Christchurch Airport.

Papanui Precinct:

Quality Hotel Elms

456 Papanui Road | Phone: 0800 109910 | www.elmshotel.co.nz

Hotel complex with a range of room options. On-site café/restaurant & bar for convenient dining. Close proximity to shops & restaurants and the PureTrails depot.

Christchurch Top10 Holiday Park

39 Meadow Street | Phone: 0800 396323 | www.christchurchtop10.co.nz

Holiday park with a range of motel style accommodation at budget-wise prices. Close proximity to shops & restaurants and the PureTrails depot.

Accommodation on the tour

Our comfortable accommodation on this tour includes motels and lodges.

Accommodation is based on double or twin share rooms with en-suite facilities. Single travellers are required to pay the single room supplement fee, however if there are other singles on the trip willing to share a twin room we can arrange this for you in which case no single supplement fee will be payable.

On our website you will find links to some of the accommodations we use within the tour itinerary description. We do not send out a list of accommodation venues for your trip prior to the tour departure unless specifically requested.

Bike hire

Standard bike hire is available at a rate of \$190 for the 6 days. The bikes we use are hybrid style mountain bikes that are high quality and well maintained. We also have a small fleet of electric bikes (ebikes) available for hire at a rate of \$450 for the 6 days. Ebike availability is strictly limited so if you'd like to secure an ebike for your trip you need to book this in with us at your earliest convenience. For standard or ebike hire we need an **accurate measurement** of your height before we can confirm availability.

All bikes are fitted with comfortable gel seats and a small handlebar pannier bag. We also supply you with a helmet. To read more about our bikes, refer to our website:

www.puretrailsnewzealand.co.nz/cycling-nz-information/cycle-trail-bike-hire

Please note the wearing of cycle helmets on PureTrails tours, whether you are cycling on a public road or cycle trail, is a compulsory requirement.

'Saddle Sore' Tip:

No amount of gel seats or padding will protect you from saddle sore if you do not cycle regularly. The best way to prepare your backside for your tour is to cycle regularly (3 or more 20km+ rides per week) during the month leading up to your trip. Failing that you are welcome to bring a gel seat cover or even your own bike saddle to fit to your hire bike.

You are also welcome to bring your own spd pedals and cleat shoes to fit to your hire bike.

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Bringing your own bike

If you are bringing your own, please take the following into consideration:

- Your bicycle **does not weigh more than 20kg** – including e-bikes (with the battery off). Bikes heavier than this are too heavy for our guides to be able to lift on and off the cycle trailer safely and are too heavy for our trailer fittings.
- Your bike **does not have any mudguards fitting on the front tyre** (due to how they are secured on the trailer). Rear mudguards are fine.
- The bike is well maintained, recently serviced, and in a good safe condition.
- Your helmet is in a good safe condition with no cracks, and can be fastened properly.
- The tyres have a good level of tread on them, suitable for trails/gravel. Slick tyres are not recommended.
- A basic bike repair kit must be carried including 2 x spare inner tubes.
- Any major mechanical breakdown is your own responsibility.
- **PureTrails staff will secure your bike on our cycle trailer when in transit during the tour, but the company is not held responsible for any damages that occur during transportation.**

Your guide can assist with basic repairs such as repairing punctures, however any running repairs required beyond this are your own responsibility.

Booking Conditions & Cancellation & Refunds policy

Bookings will be confirmed and held on receipt of a deposit by PureTrails New Zealand. The full name and contact details (phone, email & postal address) for each person booking the tour are required at the time of booking.

Prices quoted are in New Zealand dollars. The balance of the tour price is payable **60 days** prior to departure and payments must be made in New Zealand dollars. Payment is accepted by:

- + direct credit;
- + visa or mastercard & debit cards (add a 2.5% surcharge);
- + international bank transfer (add \$25 funds clearance fee);

Cancellations must be received in writing and the following conditions apply:

- + Cancellations outside 90 days of the tour departure date will receive a full refund;
- + Cancellations between 90-61 days prior to the departure date will lose the deposit; this deposit can be transferred to an alternative tour within 12 months of the original departure date
- + Cancellations between 60-31 days of the departure date will receive no refund; however a 50% credit can be transferred to an alternative tour within 12 months of the original departure date
- + Cancellations within 30 days of the departure date will receive **no refund**; and no transfers or credits are available.

PureTrails New Zealand strongly recommends all clients, including **domestic** travellers, purchase travel insurance to protect against unexpected cancellations.

We strongly recommend you obtain travel insurance should you need to cancel your trip unexpectedly within 3 months of departure.



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Tour departures are subject to a **minimum of 4 people**. You can enquire with us as to the status of your tour at any stage. The full conditions are available on our website at www.puretrailsnewzealand.co.nz/booking-terms-conditions.

Car Storage

In Christchurch secure car storage is available at our depot in Papanui for \$10 per day. This needs to be booked in advance.

Cash facilities

The only places you will encounter a cash ATM machine or bank during the 5 days is Hanmer Springs, Kaikoura & Blenheim. EFTPOS and credit cards can be used at virtually all the cafes and hotels along the tour.

Contact details while on the tour

If your friends or family need to contact you urgently during the tour, they can contact you via our office on: Phone: +64 21 178 8287. Please note there is good mobile phone coverage throughout most of the region.

Degree of difficulty & What to expect

The Kaikoura Trail tour is a collection of cycle rides totalling 165km that we have put together that showcase the North Canterbury, Kaikoura & Marlborough regions. The tour features 82% cycling on sealed roads, and 18% cycling on **gravel roads and trails**.

The riding is rated Grade 1 and there are a few gentle hills that can be skipped if desired. Refer to our website for more information on our Difficulty Gradings.

www.puretrailsnewzealand.co.nz/cycling-nz-information/level-of-difficulty

Departure time and place

PureTrails offer courtesy pick ups and drop offs from the locations recommended on pages 3 & 4. If you are staying at one of these locations, we will pick you up between 8:00am and 8:20am approximately. For those staying elsewhere, we ask that you make your way to our depot in Papanui (11a Langstone Lane) **by 8:15am**. Please be ready wearing your cycle gear at the start of the tour.

Unfortunately we are not able to provide pick ups or drop offs at Christchurch Airport. The nearest pick up point available is at the Airport Gateway Motel, 2kms from the terminals.

Final Payment

Your final payment is required **60 days prior** to your tour departure date, and will include items which may not be listed on your original invoice such as bike hire. You will receive an updated invoice around 10 weeks prior to departure once we have received your Tour Information & Safety Declaration Form – see page 8.

Payment can be made by:

- + visa or mastercard (Inc debit cards) - subject to a 2.5% surcharge;
- + direct transfer (NZ bank account holders only);
- + international transfer (subject to a \$25 funds clearance fee which covers the fee NZ banks charge to receive your payment);

International Transfers Tip:

Conventional Banks have high fees when it comes to international transfers (hence our \$25 funds clearance fee). Third party institutions such as Western Union or CurrencyFair or TransferWise will offer you a competitive currency exchange rate and significantly lower transfer fees. We are happy to refund you the difference (in NZ\$ cash) in funds clearance fees if you manage to secure a better rate.

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Finishing your tour

The tour finishes in Christchurch by approximately 5pm on Day 6. Your guide can drop you off at any of the accommodation locations on pages 3 & 4. If you are flying out of Christchurch on Day 5, do not book flights that require check in before 6pm.

Finishing your tour in Blenheim

If you are finishing your tour in Blenheim we can drop you off in the town centre by 9am (you will miss the final ride on Day 6).

Guide

Your tour will be led by one of our friendly and professional guides who drives the support vehicle and will be at hand for (almost) anything you need or want to know during your tour (we try our best anyway!) We are very approachable so please do ask if you have any queries or concerns. Your guide **does not participate in the cycling** with the group.

Health & fitness

You will be cycling 165km over 6 days so you should be reasonably fit and in good health. While the cycling is not technically difficult, the more comfortable you are riding your bike beforehand, the more you will enjoy the tour. You bike at your own pace and can have plenty of photo and snack stops. Our emphasis is on having fun and enjoying the scenery ... If you need a rest, there is always the option of taking the **support vehicle**.

We strongly encourage you to get out and do some biking before your tour, on **gravel roads** if possible, starting out with half an hour a day, building up to 3-4 longer rides (20km+) per week during the month prior to your tour (at the very minimum). The secret is to start slowly and increase your exercise gradually. The fitter you are the more enjoyable your experience will be.

Insurance

You never know when either yourself or a family member may fall ill. You are urged to take out travel insurance to cover yourself in the event that you need to cancel your tour with us within three months of the tour departure date. **This includes New Zealander's travelling within New Zealand.** PureTrails New Zealand Ltd is not obligated to give you a refund within this period. Refer to our website for the full terms and conditions www.puretrailsnewzealand.co.nz/booking-terms-conditions.

Kaikoura activities

Our tour allows time in Kaikoura on the afternoon of **DAY 3** for you to partake in an optional activity such as a whalewatching tour or sea kayaking etc. You must book this directly yourself prior to beginning the tour, as some activities will book out in advance. Please let us know if you need any assistance with this.

Options include but are not limited to:

Whale watch cruise; from \$150 pp www.whalewatch.co.nz

Guided Sea kayaking; from \$110 pp www.kaikourakayaks.nz

Albatross Encounter boat tour; from \$125 pp www.albatrossencounter.co.nz

Visit www.kaikoura.co.nz/see-do/ to see all the options



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Laundry facilities

There are laundry facilities for you to use at our accommodation during the tour. There is usually a \$4-5 charge per wash and dry cycle.

Luggage

We urge you to try to keep your luggage to a minimum. Please limit yourself to 18kgs. All luggage is transported in our vehicle during the day. Anything you need access to during the days cycle ride should be stored in a small bag which can be left on the bus rather than in your suitcase. Those with excess luggage not needed on the tour are welcome to store bags at our depot free of charge while you are away. On Day 1 when you join the tour, please be ready wearing your cycle gear.

Meals & Special Dietary Requirements

Meals are supplied as indicated on the itinerary (B/L/D). Beer and wine, tea & coffee etc are not included in the tour package however there will be the opportunity for you to buy beverages along the way.

Breakfasts are a continental style, and lunches are taken either as picnics or in cafes. For dinner we dine in the local restaurants in the villages where we stay following a two course set menu format.

We provide a range of high energy healthy snacks while biking such as bananas and fruit, froyze balls, muesli bars, fruit cake and biscuits.

PureTrails New Zealand will **endeavour** to cater to any special dietary requirements you may have (please disclose this on the Tour Info & Health & Safety Declaration form). Vegetarian and gluten free and dairy free diets are not a problem for our meal providers. Requests such as a sugar free or grain free diet and vegan meals etc are a little more problematic given the remote rural location of the tour. In these instances you may need to bring your own snacks and specialty foods. We are unable to guarantee a peanut free or allergen free trip, and therefore we strongly encourage that travellers with life threatening or severe allergies take all necessary medical precautions to prepare for the possibility of exposure. Passengers must travel with all necessary medications for food allergies and be capable of self administering these medications.

Medical conditions

If you have a medical, physical or mental condition that may affect your ability to participate in the tour you must disclose this to us on our Tour Information and Safety Declaration form (see page 8). Your guide may follow up on your condition with you on Day 1 to help us manage your safety in the event of a medical event.

Phone reception/Wifi

There is very good mobile phone coverage throughout much of the region. Wifi is becoming more widely available and in most case (but not all) is offered free of charge, and there is also good 3G/4G coverage.

Tour Information and Safety Declaration Form

All tour participants (including non-riders) are required to complete a copy of our 'Tour Information and Safety Declaration Form', and return it to us **3 months** prior to your

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Cycle Clothing Tip:

Bright reflective cycling gear makes you far more visible to other road users and increases your safety significantly. We require that those not wearing bright reflective cycle clothing wear a PureTrails supplied high-vis safety vest for all cycle sections that are on public roads.

1st Aid Kit Tip:

PureTrails NZ carries a comprehensive 1st Aid Kit and an Emergency Response Kit in our support vehicle; however this is kept for emergency situations only. Please bring your own supply of paracetamol, voltaren, antihistamine and any other medication you take, as well as bandaids and some dressings etc in a small kit that you can take with you on your bike.

Wet Weather Tip:

Bring a large plastic zip-lock bag that you can use inside the pannier bag of your hire bike to store your camera, phone, wallet etc to prevent them from getting wet (the pannier bags are not 100% waterproof).

Help us go green:

Help us save the planet by bringing your own reusable drink bottle and coffee cup. Alternatively a branded PureTrails 'Specialised' drink bottle can be purchased for \$10.

tour departure date. Please note this includes those who have been on another tour with us at some point in the past. Although we keep a database of information from previous tours, medical/dietary/emergency contact details can change from year to year so we require that a new form be completed for each tour you join.

Weather conditions

Generally, you can expect the daytime temperature to be around 15-30°C in Jan/Feb, and 12-25°C in Nov/Dec/Mar/April. The visual landscape is impossibly beautiful regardless of season or temperature. You will gain maximum enjoyment by being prepared for hot, cold, and wet conditions.

What to bring

In the interest of safety and enjoyment, please ensure you are adequately equipped for your tour. **Warm clothing is essential even in January/February.** The following is a list of what you need to bring:

- Clothing:**
- Waterproof raincoat – **essential**
 - Thermal top – **essential**
 - Thermal leggings – **essential in Spring/Autumn**
 - Shorts, bike pants or light trousers for cycling
 - Woollen or fleece jacket layers (not cotton)
 - T-shirts (breathable fabrics are best)
 - Warm hat and gloves
 - A comfortable pair of shoes for cycling
 - Sports socks for cycling
 - Comfortable casual wear for evenings

- Equipment:**
- A drink bottle (or buy a PureTrails branded bottle for \$10)
 - A cup for tea/coffee stops
 - Padded cycle gloves
 - Sunscreen, sunglasses & sunhat
 - Personal toilet gear
 - Personal first aid kit** containing paracetamol, voltaren, antihistamine and any other medication you take
 - Insect repellent

- Optional:**
- Gel seat cover
 - Camera
 - A large plastic ziplock bag for use inside the hire bike pannier bag if it is very wet
 - Mobile phone to enable phone contact with your guide
 - Swimming costume (Hanmer Springs thermal hot pools)

On Day 1 when you join the tour, please be ready wearing your cycle gear.

For excellent quality NZ made cycle specific clothing and accessories, visit www.groundeffect.co.nz